

Oral care protocol with Glandomed®

To prevent and mitigate the effects of oral mucositis (mucositis) with chemo and / or radiotherapy

Glandomed® is used undiluted for mouthwash. The solution is to be hold for 2 minutes in the mouth, then spit, do not rinse with water, do not eat or drink 15 minutes after the mouth rinse.

Application:

Patient receiving chemotherapy and / or radiotherapy start with early mucositis prophylaxis: Rinse every 4 hours with Glandomed®, after each meal and at bedtime.

During the cancer therapy, the mouth begins to turn red, the patient feels a burning sensation in the mouth and soreness. The oral mucosa spans, the saliva becomes more viscous. In this phase, the patient should react individually to the emerging mucositis. He has the following options to mitigate the mucositis:

- Rinse the mouth more frequently with Glandomed®, when required hourly.
- Add Xylocaine® (=lidocaine) to Glandomed® solution with the Xylocaine® pump spray and rinse the mouth with this mix. Lidocaine attenuates the pain and the course of mucositis.

Preparation of the Glandomed® - Lidocain mixture:

Spray Xylocain®-Pumpspray in the enclosed measuring cup and fill with Glandomed® up to 20ml

Possible mixing ratio:

Mix 1 to 2 sprays of Xylocaine®-pump spray with 20 ml Glandomed®. The concentration of lidocaine is then 0.05% to 0.1% lidocaine in Glandomed®.

More than 2 sprays of Xylocaine®-pump spray per 20ml Glandomed® should not be used.

Rinse the mouth with this mixture every two hours. Hourly in case of very severe pain.



Adverse reactions and hints:

The Glandomed®-lidocaine mixture must not be used due to:

- intolerances to lidocaine and in patients with severe heart diseases.
- in infants and children under 2 years due to the menthol content.

The Glandomed®- Lidocain mixture with 1 spray Xylocaine® Pump Spray contains 0.145 vol -% alcohol, with 2 sprays 0.29 vol -% alcohol.

The adverse reactions and hints do not apply Glandomed® alone.